



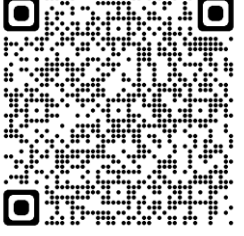



Pelvic floor and pregnancy

Pelvic Obstetric Gynaecological Physiotherapy Patient Information Information for Patients WE HAVE MOVED! www.thepogp.co.uk (csp.org.uk)	
Pelvic prolapse: 20xxx-POGP-ProlapseUpdated (csp.org.uk)	
Women pelvic floor Pelvic floor exercises The Chartered Society of Physiotherapy (csp.org.uk)	
Women pelvic floor 18xxxx-POGP-PelvicFloorA5.indd (csp.org.uk)	
Pelvic floor Men 18xxxx-POGP-PelvicFloorMen.indd (csp.org.uk)	

Pregnancy:

<p>Pelvic girdle pain in pregnancy Pregnancy Related Pelvic Girdle Pain For mothers to be and new mothers. WE HAVE MOVED! www.thepogp.co.uk (csp.org.uk)</p>	
<p>Your Body's Journey during Pregnancy and After Birth – NHS Services London England UK - find local help now!</p>	